

PROCEDURE DATE: _____ **ARRIVAL TIME:** _____

The facility will call you **2 business days before** the procedure with the time you need to come in.

Cypress Ambulatory Surgery Center
5016 W. Cypress St, Suite 100
Tampa, FL 33607
(813)542-2589

St. Joseph's Same Day Surgery Center
3001 W. Dr. Martin Luther King Blvd
Tampa, FL 33607
(813)870-4711

HOW TO PREPARE FOR THE PROCEDURE:

- If you take any of the following medications Insulin, blood thinners such as: Coumadin, Plavix, Effient, Brilinta, Pradaxa, Eliquis and Xarelto- **contact the prescribing provider at least two (2) weeks before the procedure for specific instructions.**
- **STOP** iron supplements, vitamins, and herbal supplements **5 days** before the procedure.
- **STOP** aspirin, Aleve, Motrin, Naproxen, or Ibuprofen **5 days** before the procedure. Tylenol is OK to take
- You must have a friend or family member take you home from the facility. **NO FORM OF TAXI SERVICE IS ALLOWED.**

DAY BEFORE PROCEDURE:

NO SOLID FOOD THE ENTIRE DAY BEFORE THE PROCEDURE!

Drink **ONLY** clear liquids all day. Do not drink any liquids that are red or purple in color- cranberry juice, red grape juice.

Examples of Clear liquids: (nothing red or purple)

Soups: broth or bouillon (beef, chicken)

Juices: white grape, apple, white cranberry, etc

Desserts : Jell-O, Italian ice, Popsicles, etc

Beverages: Tea, Water, black coffee, Crystal light

DO NOT drink any milk or dairy products or any citrus drinks (orange juice, lemonade, grapefruit juice)

STOP all liquids three (3) hours prior to the procedure, including water.

ONLY take medications for blood pressure and heart with a sip of water three (3) hours prior to the procedure.

****Please allow 5 business day notice for cancellation or there will be a \$200 fee.**