

**PLENVU INSTRUCTIONS:**

**The day before your procedure start drinking clear liquids first thing in the morning.**

If your procedure is <b><u>BEFORE 12PM (noon)</u></b>	If your procedure is <b><u>AFTER 12PM (noon)</u></b>
1. At 5:00PM- Pour one pouch of PLENVU into 16 ounces of cold water and mix until completely dissolved. Drink slowly over 30 minutes.	1. At 7:00PM- Pour one pouch of PLENVU into 16 ounces of cold water and mix until completely dissolved. Drink slowly over 30 minutes.
2. Refill the container with 16 ounces of clear liquid and drink slowly over the next 30 minutes.	2. Refill the container with 16 ounces of clear liquid and drink slowly over the next 30 minutes.
3. Continue drinking clear liquids throughout the evening until the next dose.	3. Continue drinking clear liquids throughout the evening until the next dose.
4. At 1:00AM- Pour one pouch of PLENVU into 16 ounces of cold water and mix until completely dissolved. Drink slowly over 30 minutes.	4. At 6:00AM- Pour one pouch of PLENVU into 16 ounces of cold water and mix until completely dissolved. Drink slowly over 30 minutes.
5. Refill the container with 16 ounces of clear liquid and drink slowly over the next 30 minutes	5. Refill the container with 16 ounces of clear liquid and drink slowly over the next 30 minutes
6. Continue drinking clear liquids up until 3 hours before arrival time.	6. Continue drinking clear liquids up until 3 hours before arrival time.

**DRINK AS MUCH CLEAR LIQUID AS YOU ARE ABLE TO TOLERATE, ALL DAY!**

**DRINK. DRINK. DRINK.**

**STOP drinking at least 3 hours prior to arrival time.**

**\*\*Please allow 5 business day notice for cancellation or there will be a \$200 fee.**



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