**ENDOSCOPY (EGD) PREP INSTRUCTIONS**

**PROCEDURE DATE**: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **FOLLOW UP VISIT DATE**: \_\_\_\_\_\_\_\_\_\_\_\_\_\_

The facility will call you **2 business days before** the procedure with the time you need to come in.

Cypress Ambulatory Surgery Center St. Joseph’s Same Day Surgery Center

5016 W. Cypress St., Suite 100 3001 W. Dr. Martin Luther King Blvd

Tampa, FL 33607 Tampa, FL 33607

(813) 488-5255 (813) 870-4711

**HOW TO PREPARE FOR THE PROCEDURE:**

* Continue taking routine medications, including blood pressure and heart medications.
* If you take any of the following medications, contact the prescribing provider at least two (2) weeks before the procedure for specific instructions: Insulin, blood thinners such as- Coumadin, Plavix, Effient, Brilinta, Pradaxa, Eliquis or Xarelto.
* **STOP** iron supplements, vitamins and herbal supplements **5 days** before the procedure.
* STOP aspirin, Aleve, Motrin, Naproxen or Ibuprofen **5 days** before the procedure. Tylenol is OK to take.
* You must have a friend or family member, over the age of 18 take you home from the facility. **NO FORM OF TAXI SERVICE IS ALLOWED**

**DAY BEFORE THE PROCEDURE:**

**NO SOLID FOOD AFTER MIDNIGHT**

**STOP** all liquids three (3) hours prior to the procedure, including water.

**ONLY** take medications for blood pressure and heart with a sip of water three (3) hours prior to the procedure.

\*\*\*Please allow a 5-business day notice for cancellation or there will be a $200 fee.