**SUPREP INSTRUCTIONS:**

**The day before your procedure start drinking clear liquids first thing in the morning.**

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| **If your procedure is BEFORE 12PM (noon)** | **If your procedure is AFTER 12PM (noon)** |
| 1. At 5:00PM- pour bottle #1 of SUPREP (6 ounces) into the mixing container. Add cold water to the 16-ounce line and drink all the liquid in the cup. | 1. At 7:00PM- pour bottle #1 of SUPREP (6 ounces) into the mixing container. Add cold water to the 16-ounce line and drink all the liquid in the cup. |
| 2. Drink two (2) more 16-ounce cups of clear liquid over the next one (1) hour. | 2. Drink two (2) more 16-ounce cups of clear liquid over the next one (1) hour. |
| 3. At 1:00AM- pour bottle #2 of SUPREP (6 ounces) into the mixing container. Add cold water to the 16-ounce line and drink all the liquid in the cup. | 3. At 6:00AM- pour bottle #2 of SUPREP (6 ounces) into the mixing container. Add cold water to the 16-ounce line and drink all the liquid in the cup. |
| 4. Drink two (2) more 16-ounce cups of clear liquid over the next one (1) hour. | 4. Drink two (2) more 16-ounce cups of clear liquid over the next one (1) hour. |

**DRINK AS MUCH CLEAR LIQUID AS YOU ARE ABLE TO TOLERATE, ALL DAY!**

**DRINK. DRINK. DRINK.**

**STOP drinking at least 3 hours prior to arrival time**.

**\*\*Please allow a 5-business day notice for cancellation or there will be a $200 fee.**