**PLENVU INSTRUCTIONS:**

**The day before your procedure start drinking clear liquids first thing in the morning.**

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| **If your procedure is BEFORE 12PM (noon)** | **If your procedure is AFTER 12PM (noon)** |
| 1. At 5:00PM- Pour Dose one pouch of PLENVU into 16 ounces of cold water and mix until completely dissolved. Drink slowly over 30 minutes. | 1. At 7:00PM- Pour Dose one pouch of PLENVU into 16 ounces of cold water and mix until completely dissolved. Drink slowly over 30 minutes. |
| 2. Refill the container with 16 ounces of clear liquid and drink slowly over the next 30 minutes. | 2. Refill the container with 16 ounces of clear liquid and drink slowly over the next 30 minutes. |
| 3. Continue drinking clear liquids throughout the evening until the next dose. | 3. Continue drinking clear liquids throughout the evening until the next dose. |
| 4. At 1:00AM- Pour Dose 2 (pouches A and B) of PLENVU into 16 ounces of cold water and mix until completely dissolved. Drink slowly over 30 minutes. | 4. At 6:00AM- Pour Dose 2 (pouches A and B) one of PLENVU into 16 ounces of cold water and mix until completely dissolved. Drink slowly over 30 minutes. |
| 5. Refill the container with 16 ounces of clear liquid and drink slowly over the next 30 minutes | 5. Refill the container with 16 ounces of clear liquid and drink slowly over the next 30 minutes |
| 6. Continue drinking clear liquids up until 3 hours before arrival time. | 6. Continue drinking clear liquids up until 3 hours before arrival time. |

**DRINK AS MUCH CLEAR LIQUID AS YOU ARE ABLE TO TOLERATE, ALL DAY!**

**DRINK. DRINK. DRINK.**

**STOP drinking at least 3 hours prior to arrival time**.

**\*\*Please allow a 5-business day notice for cancellation or there will be a $200 fee.**