**SUTAB INSTRUCTIONS:**

**The day before your procedure start drinking clear liquids first thing in the morning.**

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| **If your procedure is BEFORE 12PM (noon)**   | **If your procedure is AFTER 12PM (noon)**  |
|  1. At 5:00PM- Open 1 bottle of 12 tablets  |  1. At 7:00PM- Open 1 bottle of 12 tablets |
|  2. Fill the provided container with 16 ounces of  water. Swallow each tablet with a sip of water, and  drink the entire amount of water over 15 to 30  minutes.  |  2. Fill the provided container with 16 ounces of  water. Swallow each tablet with a sip of water, and  drink the entire amount of water over 15 to 30  minutes. |
|  3. One hour after you take the last tablet, drink 16  ounces of water. Repeat this again in 30 minutes. |  3. One hour after you take the last tablet, drink 16  ounces of water. Repeat this again in 30 minutes. |
|  4. At 1:00AM- Open the second bottle of 12  tablets.  |  4. At 6:00AM- Open the second bottle of 12  tablets.  |
|  5. Fill the provided container with 16 ounces of  water. Swallow each tablet with a sip of water, and  drink the entire amount of water over 15 to 30  minutes.  |  5. Fill the provided container with 16 ounces of  water. Swallow each tablet with a sip of water, and  drink the entire amount of water over 15 to 30  minutes. |
|  6. Continue drinking clear liquids up until 3 hours  before arrival time.   |  6. Continue drinking clear liquids up until 3 hours  before arrival time.   |

**DRINK AS MUCH CLEAR LIQUID AS YOU ARE ABLE TO TOLERATE, ALL DAY!**

**DRINK. DRINK. DRINK.**

**STOP drinking at least 3 hours prior to arrival time**.

**\*\*Please allow a 5-business day notice for cancellation or there will be a $200 fee.**