

GENERAL PREPARATION INSTRUCTIONS

PROCEDURE DATE: _____

FOLLOW UP DATE: _____

Cypress Ambulatory Surgery Center
5016 W. Cypress St, Suite 100
Tampa, FL 33607
(813) 542-2586

St. Joseph's Hospital
3001 W. Dr. Martin Luther King Blvd
Tampa, FL 33614
(813) 870-4000

Tampa General Hospital
1 Tampa General Cir
Tampa, FL 33606
(813) 844-7000

HOW TO PREPARE FOR THE PROCEDURE:

- If you take any of the following medications Insulin, blood thinners such as: Coumadin, Plavix, Effient, Brilinta, Pradaxa, Eliquis and Xarelto- **contact the prescribing provider at least two (2) weeks before the procedure for specific instructions.**
- **STOP** iron supplements, vitamins and herbal supplements **5 days** before the procedure
- **STOP** aspirin, Aleve, Motrin, Naproxen or Ibuprofen **5 days** before the procedure. Tylenol is OK to take
- **Continue** taking blood pressure medication up until **2 hours** before procedure.
- You must have a friend or family member over the age of 18 take you home from the facility. **NO FORM OF TAXI SERVICE IS ALLOWED.**

DAY BEFORE PROCEDURE:

NO SOLID FOOD THE ENTIRE DAY BEFORE THE PROCEDURE!

Drink **ONLY** clear liquids all day. Do not drink any liquids that are red or purple in color- cranberry juice, red grape juice.

Examples of Clear liquids: (nothing red or purple)

- Soups: broth or bouillon (beef, chicken)
- Juices: white grape, apple, white cranberry, etc
- Desserts: Jell-O, Italian ice, Popsicles, etc
- Beverages: Tea, Water, black coffee, Crystal light

DO NOT drink any milk or dairy products or any citrus drinks (orange juice, lemonade, grapefruit juice)

STOP all liquids three (3) hours prior to the procedure, including water.

ONLY take medications for blood pressure and heart with a sip of water three (3) hours prior to the procedure.

**** ADMINISTRATIVE FEES**

As a courtesy to other patients who are waiting for appointments, we require that you provide us with notice of any cancellation of an appointment. Missed or cancelled appointments are subject to the following fee, which is not covered by your insurance:

Surgical Center or Hospital Procedure with less than 72 hours' notice.....\$75