

INSTRUCTIONS FOR CAPSULE ENDOSCOPY

PROCEDURE DATE: _____

Arrive at 8:00AM and return to the office on the same day at 4:30PM

Follow up office visit: _____

ONE WEEK BEFORE YOUR PROCEDURE:

Stop taking iron products. You may continue all of your other medications.

DAY BEFORE PROCEDURE:

NO SOLID FOOD THE ENTIRE DAY BEFORE THE PROCEDURE!

Drink **ONLY** clear liquids all day. Do not drink any liquids that are red or purple in color- cranberry juice, red grape juice.

Examples of Clear liquids: (nothing red or purple)

Soups: broth or bouillon (beef, chicken)

Juices: white grape, apple, white cranberry, etc

Desserts: Jell-O, Italian ice, Popsicles, etc

Beverages: Tea, Water, black coffee, Crystal light

DO NOT drink any milk or dairy products or any citrus drinks (orange juice, lemonade, grapefruit juice)

IF YOU ARE DIABETIC, DISCUSS THE DOSING OF YOUR DIABETIC MEDICATIONS WITH YOUR PRESCRIBING PROVIDER

PREPARTION INSTRUCTIONS:

- At 8AM the day before the procedure, drink 34 gm (2 doses) of MiraLAX
- At 12PM (noon) drink another 34 gm (2 doses) of MiraLAX
- **DO NOT DRINK ANYTHING AFTER MIDNIGHT.**
- **ONLY** take medications for blood pressure and heart with a sip of water three (3) hours prior to the procedure.

****Please allow a 5-business day notice for cancellation or there will be a \$200 fee.**