

ENDOSCOPY (EGD) PREP INSTRUCTIONS

PROCEDURE DATE: _____

FOLLOW UP VISIT DATE: _____

The facility will call you **2 business days before** the procedure with the time you need to come in.

Cypress Ambulatory Surgery Center

5016 W. Cypress St., Suite 100

Tampa, FL 33607

(813) 488-5255

St. Joseph's Same Day Surgery Center

3001 W. Dr. Martin Luther King Blvd

Tampa, FL 33607

(813) 870-4711

HOW TO PREPARE FOR THE PROCEDURE:

- Continue taking routine medications, including blood pressure and heart medications.
- If you take any of the following medications, contact the prescribing provider at least two (2) weeks before the procedure for specific instructions: Insulin, blood thinners such as- Coumadin, Plavix, Effient, Brilinta, Pradaxa, Eliquis or Xarelto.
- **STOP** iron supplements, vitamins and herbal supplements **5 days** before the procedure.
- STOP aspirin, Aleve, Motrin, Naproxen or Ibuprofen **5 days** before the procedure. Tylenol is OK to take.
- You must have a friend or family member, over the age of 18 take you home from the facility. **NO FORM OF TAXI SERVICE IS ALLOWED**

DAY BEFORE THE PROCEDURE:

NO SOLID FOOD AFTER MIDNIGHT

STOP all liquids three (3) hours prior to the procedure, including water.

ONLY take medications for blood pressure and heart with a sip of water three (3) hours prior to the procedure.

***Please allow a 5-business day notice for cancellation or there will be a \$200 fee.